

Room by Room Cleaning Checklist

Master Bedroom:



Weekly:

- ☐ Clean up anything on the floor/etc.
- ☐ Change sheets/pillowcases
- ☐ Cobwebs
- ☐ Clean Windows
- ☐ Clean Mirrors
- ☐ Wipe down Door knobs/light switches
- ☐ Swiffer/Sweep Floors
- ☐ Empty Trash Can
- ☐ Refill any supplies
- ☐ _____
- ☐ _____

- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture Frames
- ☐ -Lamps
- ☐ -Knickknacks
- ☐ -Tables/Flat Surfaces
- ☐ _____
- ☐ _____

Monthly:

- ☐ Clean Ceiling fan blades
- ☐ Vacuum vents
- ☐ Move and vacuum under furniture
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ _____

- ☐ Closet check- straighten, tidy, clean
- ☐ Test smoke/CO detector
- ☐ Clean inside window wells
- ☐ Wash trash can
- ☐ Vacuum lamp shades, upholstery, furniture
- ☐ _____

Quarterly:

- ☐ Flip Mattress
- ☐ Wash mini blinds
- ☐ Swap out Seasonal clothes
- ☐ _____

- ☐ Clean under bed
- ☐ Wash blankets
- ☐ Wash mattress cover/dust ruffles
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ _____

- ☐ Wash curtains
- ☐ _____

Notes:

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Room by Room Cleaning Checklist

Kids' Bedroom:



Weekly:

- ☐ Pick up toys/books/etc.
- ☐ Change sheets/pillowcases
- ☐ Cobwebs
- ☐ Clean Windows
- ☐ Clean Mirrors
- ☐ Wipe down Door knobs/light switches
- ☐ Swiffer/Sweep Floor
- ☐ Empty Trash Can
- ☐ Refill any supplies
- ☐ _____
- ☐ _____

- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture frames
- ☐ -Lamps
- ☐ -Knickknacks
- ☐ -Tables/Flat Surfaces
- ☐ _____
- ☐ _____

Monthly:

- ☐ Wash Ceiling fan blades
- ☐ Vacuum vents
- ☐ Move and vacuum under furniture
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ _____

- ☐ Closet check- straighten, tidy, clean
- ☐ Test smoke/CO detector
- ☐ Clean inside window wells
- ☐ Wash trash can
- ☐ Vacuum lamp shades, upholstery, furniture
- ☐ _____

Quarterly:

- ☐ Flip Mattress
- ☐ Wash mini blinds
- ☐ Swap Out Seasonal clothes
- ☐ _____

- ☐ Clean under bed
- ☐ Wash blankets
- ☐ Wash mattress cover/dust ruffles
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ _____

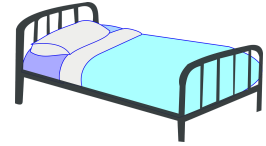
- ☐ Wash curtains
- ☐ _____

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Room by Room Cleaning Checklist

Spare/Guest Bedroom:



Weekly:

- | | |
|--|--|
| ☐ Cobwebs | ☐ Dust |
| ☐ Clean Windows | ☐ -Fans/Lights |
| ☐ Clean Mirrors | ☐ -Doors/Window frames |
| ☐ Wipe Down Door knobs/light switches | ☐ -Miniblinds |
| ☐ Swiffer/Sweep Floor | ☐ -Moldings |
| ☐ Empty Trash Can | ☐ -Picture frames |
| ☐ Refill any supplies | ☐ -Lamps |
| ☐ _____ | ☐ -Knickknacks |
| ☐ _____ | ☐ -Tables/Flat Surfaces |

Monthly:

- | | |
|--|--|
| ☐ Clean Ceiling fan blades | ☐ Closet check- straighten, tidy, clean |
| ☐ Vacuum vents | ☐ Test smoke/CO detector |
| ☐ Move and vacuum under furniture | ☐ Clean inside window wells |
| ☐ Wipe down walls | ☐ Wash trash can |
| ☐ Clean light fixtures | ☐ Vacuum lamp shades, upholstery, furniture |
| ☐ Wash rugs | ☐ _____ |
| ☐ _____ | |

Quarterly:

- | | |
|---|--|
| ☐ Flip Mattress | ☐ Clean under bed |
| ☐ Wash mini blinds | ☐ _____ |
| ☐ _____ | ☐ _____ |

Yearly:

- | | |
|---|--|
| ☐ Touch up paint | ☐ Wash curtains |
| ☐ _____ | ☐ _____ |

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Room by Room Cleaning Checklist

Family Bathroom:



Weekly:

- ☐ Cobwebs
- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture frames
- ☐ Wipe down Door knobs/light switches
- ☐ Clean Windows
- ☐ Change bath towels
- ☐ _____

- ☐ Clean Mirrors
- ☐ Clean Shower/Tub
- ☐ Clean Toilet
- ☐ Clean Around Toilet
- ☐ Wipe down Counters
- ☐ Clean toothbrush holders
- ☐ Wipe down Front and sides of Vanity
- ☐ Swiffer/Sweep/Mop/Vacuum floors
- ☐ Empty & Wipe out Trash Can
- ☐ Refill any supplies
- ☐ _____

Monthly:

- ☐ Vacuum vents
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ _____

- ☐ Closet/Cupboard check- straighten and tidy and clean
- ☐ Clean inside window wells
- ☐ Wash trash can
- ☐ _____

Quarterly:

- ☐ Wash mini blinds
- ☐ Delime shower head
- ☐ Replace toothbrushes
- ☐ _____

- ☐ Wash shower curtains/bathtub mats
- ☐ Clean under bathroom sink
- ☐ _____
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ Wash out drawers and declutter
- ☐ Inspect and replace bath towels
- ☐ _____

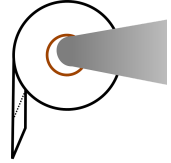
- ☐ Wash curtains
- ☐ Clean out medicine cabinet and declutter
- ☐ _____

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Room by Room Cleaning Checklist

Guest Bathroom:



Weekly:

- ☐ Cobwebs
- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture frames
- ☐ Wipe Down Door knobs/light switches
- ☐ Clean Windows
- ☐ _____

- ☐ Clean Mirrors
- ☐ Clean Shower/Tub
- ☐ Clean Toilet
- ☐ Clean Around Toilet
- ☐ Clean Counters
- ☐ Wipe down front/sides of Vanity
- ☐ Swiffer/Sweep/Mop/Vacuum floor
- ☐ Empty Trash Can
- ☐ Refill supplies
- ☐ _____

Monthly:

- ☐ Vacuum vents
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ _____

- ☐ Closet/Cupboard check- straighten and tidy and clean
- ☐ Wash trash can
- ☐ _____
- ☐ _____

Quarterly:

- ☐ Wash mini blinds
- ☐ Delime shower head
- ☐ _____

- ☐ Wash shower curtains/bathtub mats
- ☐ Clean under bathroom sink
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ Wash out drawers and declutter
- ☐ Inspect and replace towels
- ☐ _____

- ☐ Wash curtains
- ☐ Clean out medicine cabinet and declutter
- ☐ _____

Notes:

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Room by Room Cleaning Checklist

Hallway:



Weekly:

- | | |
|--|--|
| ☐ Cobwebs | ☐ Dust |
| ☐ Clean Windows | ☐ -Fans/Lights |
| ☐ Clean Mirrors | ☐ -Doors/Window frames |
| ☐ Wipe Down Door knobs/light switches | ☐ -Miniblinds |
| ☐ Swiffer/Sweep Floors | ☐ -Moldings |
| ☐ Refill any supplies | ☐ -Picture frames |
| ☐ _____ | ☐ -Lamps |
| ☐ _____ | ☐ -Knickknacks |
| ☐ _____ | ☐ -Tables/Flat Surfaces |

Monthly:

- | | |
|---|--|
| ☐ Vacuum vents | ☐ Closet check- straighten, tidy, clean |
| ☐ Wipe down walls | ☐ Test smoke/CO detector |
| ☐ Clean light fixtures | ☐ Clean inside window wells |
| ☐ Wash rugs | ☐ _____ |
| ☐ | ☐ |

Quarterly:

- | | |
|---|--------------------------------|
| ☐ Wash mini blinds | ☐ _____ |
| ☐ | ☐ |

Yearly:

- ☐ Touch up paint
 - ☐ Wash curtains
 - ☐
 - ☐

Notes:

[illegible]

Room by Room Cleaning Checklist

Office/Craft/Music:



Weekly:

- ☐ Cobwebs
- ☐ Wash Windows
- ☐ Wash Mirrors
- ☐ Wipe Down Doorknobs/lightswitches
- ☐ Clean Remotes and Phones
- ☐ Clean Computers and Keyboards
- ☐ Swiffer/Sweep Floors
- ☐ Empty Trash Cans
- ☐ Refill any supplies
- ☐ Update calendars
- ☐ _____

- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture frames
- ☐ -Lamps
- ☐ -Knickknacks
- ☐ -Tables/Desk/Flat Surfaces
- ☐ Wipe down Surfaces
- ☐ _____

Monthly:

- ☐ Wash Ceiling fan blades
- ☐ Vacuum vents
- ☐ Move and vacuum under furniture
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ _____

- ☐ Closet check- straighten, tidy, clean
- ☐ Clean inside window wells
- ☐ Filing/Paperwork/Etc.
- ☐ Wash trash cans
- ☐ Vacuum lamp shades, upholstery, furniture
- ☐ _____

Quarterly:

- ☐ Wash mini blinds
- ☐ _____

- ☐ Clean under desk
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ Do Taxes!
- ☐ _____

- ☐ Wash curtains
- ☐ Clear out unneeded files
- ☐ _____

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Room by Room Cleaning Checklist

Entryway/Mudroom:



Weekly:

- ☐ Wipe down Door knobs/light switches
- ☐ Wipe down front door
- ☐ Sweep porch/patio
- ☐ Dust
- ☐ _____

- ☐ Swiffer/sweep/mop floor
- ☐ Empty trash can
- ☐ Refill any supplies
- ☐ _____
- ☐ _____

Monthly:

- ☐ Vacuum vents
- ☐ Move and vacuum under furniture
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ _____

- ☐ Wash rugs
- ☐ Closet check- straighten, tidy, clean
- ☐ Clean inside window wells
- ☐ _____
- ☐ _____

Quarterly:

- Wash mini blinds

Yearly:

- ☐ Touch up paint
- ☐ Wash curtains
- ☐ Declutter shoes/boots
- ☐ Declutter backpacks
- ☐ Declutter purse/wallet
- ☐ Declutter pet supplies
- ☐ _____
- ☐ _____

- ☐ Winter outerwear in
- ☐ Winter outerwear out
- ☐ Fall outerwear in
- ☐ Fall outerwear out
- ☐ Summer swim gear in
- ☐ Summer swim gear out
- ☐ Spring outerwear in
- ☐ Spring outerwear out

Notes:

[illegible]

Room by Room Cleaning Checklist



Dining:

Weekly:

- | | |
|--|--|
| ☐ Cobwebs | ☐ Dust |
| ☐ Clean Windows | ☐ -Fans/Lights |
| ☐ Clean Mirrors | ☐ -Doors/Window frames |
| ☐ Wipe Down Door knobs/light switches | ☐ -Miniblinds |
| ☐ Swiffer/Sweep Floors | ☐ -Moldings |
| ☐ Empty Trash Cans | ☐ -Picture frames |
| ☐ Refill any supplies | ☐ -Lamps |
| ☐ _____ | ☐ -Knickknacks |
| ☐ _____ | ☐ -Tables/Flat Surfaces |

Monthly:

- ☐ Wash Ceiling fan blades
 - ☐ Vacuum vents
 - ☐ Move and vacuum under furniture
 - ☐ Wipe down walls
 - ☐ Clean light fixtures
 - ☐
 - ☐ Wash rugs
 - ☐ Clean inside window wells
 - ☐ Wash trash cans
 - ☐ Vacuum lamp shades, upholstery, furniture
 - ☐

Quarterly:

- ☐ Wash mini blinds ☐ _____
- ☐ _____ ☐ _____

Yearly:

- ☐ Touch up paint
 - ☐ Wash curtains
 - ☐ _____
 - ☐ _____

Notes:

[illegible]

Room by Room Cleaning Checklist

Kitchen:



Weekly:

- ☐ Cobwebs
- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture frames
- ☐ Wipe Down Door knobs/light switches
- ☐ Clean Windows
- ☐ Clean Mirrors
- ☐ Wipe Down Front of Cabinets
- ☐ Wipe Down Front of appliances
- ☐ Wipe Down Range hood
- ☐ _____

- ☐ Wipe Down inside of Microwave
- ☐ Wipe Down inside of toaster oven
- ☐ Empty crumb trays
- ☐ Clean/Organize Stuff on counter
- ☐ Clean & sanitize countertops
- ☐ Wipe Down counter appliances
- ☐ Wipe Down Inside of fridge
- ☐ Clean Kitchen sink
- ☐ Empty and Wipe down Trash Can
- ☐ Sweep/Swiffer floor
- ☐ Mop floor
- ☐ Refill any supplies
- ☐ Go through refrigerator
- ☐ _____

Monthly:

- ☐ Deep clean fridge
- ☐ Wash Ceiling fan blades
- ☐ Vacuum vents
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ Cabinet/Drawer check - straighten and tidy and clean
- ☐ Test smoke/CO detector
- ☐ _____

- ☐ Wash range hood
- ☐ Clean inside window wells
- ☐ Wash trash can
- ☐ Run Cleaning cycle on oven
- ☐ Run Cleaning cycle on dishwasher
- ☐ Clean coffeepot
- ☐ Replace baking soda in fridge
- ☐ Clean top of fridge
- ☐ Clean top of cabinets
- ☐ _____

Quarterly:

- ☐ Change any filters (water, air, etc.)
- ☐ Run Cleaning cycle on oven
- ☐ _____

- ☐ Vacuum fridge coils
- ☐ Clean under kitchen sink
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ Wash out drawers and declutter
- ☐ Clean behind fridge
- ☐ Clean grout
- ☐ _____

- ☐ Defrost freezer
- ☐ Clean under fridge
- ☐ Wash curtains
- ☐ _____
- ☐ _____

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Room by Room Cleaning Checklist

Living Room/Family Room/Den:



Weekly:

- | | |
|--|--|
| ☐ Cobwebs | ☐ Clean Windows |
| ☐ Dust | ☐ Clean Mirrors |
| ☐ -Fans/Lights | ☐ Wipe Down Door knobs/light switches |
| ☐ -Doors/Window frames | ☐ Clean Keyboards and Computers |
| ☐ -Miniblinds | ☐ Clean Remotes and Phones |
| ☐ -Moldings | ☐ Swiffer/Sweep Floor |
| ☐ -Picture frames | ☐ Empty Trash Can |
| ☐ -Lamps | ☐ Refill any supplies |
| ☐ -Knickknacks | ☐ Straighten books, DVDs, CDs, etc. |
| ☐ -Tables/Flat Surfaces | ☐ Wipe down furniture |
| ☐ _____ | ☐ _____ |

Monthly:

- | | |
|--|--|
| ☐ Clean Ceiling fan blades | ☐ Closet check- straighten, tidy, clean |
| ☐ Vacuum vents | ☐ Clean inside window wells |
| ☐ Move and vacuum under furniture | ☐ Wash trash can |
| ☐ Wipe down walls | ☐ Vacuum lamp shades, upholstery, furniture |
| ☐ Clean light fixtures | ☐ _____ |
| ☐ Wash rugs | ☐ _____ |
| ☐ _____ | |

Quarterly:

- | | |
|--|--|
| ☐ Wash mini blinds | ☐ Wash blankets |
| ☐ Rotate seasonal decor | ☐ _____ |
| ☐ _____ | ☐ _____ |

Yearly:

- | | |
|--|--|
| ☐ Touch up paint | ☐ Wash curtains |
| ☐ Condition any leather furniture | ☐ _____ |
| ☐ _____ | ☐ _____ |

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Room by Room Cleaning Checklist

Laundry Room:



Weekly:

- | | |
|--|--|
| ☐ Cobwebs | ☐ Wipe down washer and dryer |
| ☐ Dust | ☐ Tidy supplies |
| ☐ -Fans/Lights | ☐ Match any unmated socks |
| ☐ -Doors/Window frames | ☐ Clean Windows |
| ☐ -Miniblinds | ☐ Clean Mirrors |
| ☐ -Moldings | ☐ Wipe Down Door knobs/light switches |
| ☐ -Picture frames | ☐ Swiffer/Sweep Floors |
| ☐ -Lamps | ☐ Empty Trash Cans |
| ☐ -Knickknacks | ☐ Refill any supplies |
| ☐ -Tables/Flat Surfaces | ☐ _____ |
| ☐ _____ | ☐ _____ |

Monthly:

- | | |
|---|--|
| ☐ Wash Ceiling fan blades | ☐ Clean light fixtures |
| ☐ Run Cleaning cycle on washer | ☐ Wash rugs |
| ☐ Vacuum vents | ☐ Test smoke/CO detector |
| ☐ Mend clothes | ☐ Clean inside window wells |
| ☐ Wipe down walls | ☐ Wash trash can |
| ☐ _____ | ☐ _____ |

Quarterly:

- | | |
|---|--|
| ☐ Wash mini blinds | ☐ Vacuum dryer vent |
| ☐ _____ | ☐ _____ |

Yearly:

- | | |
|---|---|
| ☐ Touch up paint | ☐ Clean under washer |
| ☐ Flush hot water heater | ☐ Clean under dryer |
| ☐ A/C maintenance | ☐ Wash curtains |
| ☐ _____ | ☐ _____ |

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