

Room by Room Cleaning Checklist

Kitchen:



Weekly:

- ☐ Cobwebs
- ☐ Dust
- ☐ -Fans/Lights
- ☐ -Doors/Window frames
- ☐ -Miniblinds
- ☐ -Moldings
- ☐ -Picture frames
- ☐ Wipe Down Door knobs/light switches
- ☐ Clean Windows
- ☐ Clean Mirrors
- ☐ Wipe Down Front of Cabinets
- ☐ Wipe Down Front of appliances
- ☐ Wipe Down Range hood
- ☐ _____

- ☐ Wipe Down inside of Microwave
- ☐ Wipe Down inside of toaster oven
- ☐ Empty crumb trays
- ☐ Clean/Organize Stuff on counter
- ☐ Clean & sanitize countertops
- ☐ Wipe Down counter appliances
- ☐ Wipe Down Inside of fridge
- ☐ Clean Kitchen sink
- ☐ Empty and Wipe down Trash Can
- ☐ Sweep/Swiffer floor
- ☐ Mop floor
- ☐ Refill any supplies
- ☐ Go through refrigerator
- ☐ _____

Monthly:

- ☐ Deep clean fridge
- ☐ Wash Ceiling fan blades
- ☐ Vacuum vents
- ☐ Wipe down walls
- ☐ Clean light fixtures
- ☐ Wash rugs
- ☐ Cabinet/Drawer check - straighten and tidy and clean
- ☐ Test smoke/CO detector
- ☐ _____

- ☐ Wash range hood
- ☐ Clean inside window wells
- ☐ Wash trash can
- ☐ Run Cleaning cycle on oven
- ☐ Run Cleaning cycle on dishwasher
- ☐ Clean coffeepot
- ☐ Replace baking soda in fridge
- ☐ Clean top of fridge
- ☐ Clean top of cabinets
- ☐ _____

Quarterly:

- ☐ Change any filters (water, air, etc.)
- ☐ Run Cleaning cycle on oven
- ☐ _____

- ☐ Vacuum fridge coils
- ☐ Clean under kitchen sink
- ☐ _____

Yearly:

- ☐ Touch up paint
- ☐ Wash out drawers and declutter
- ☐ Clean behind fridge
- ☐ Clean grout
- ☐ _____

- ☐ Defrost freezer
- ☐ Clean under fridge
- ☐ Wash curtains
- ☐ _____
- ☐ _____

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